

psalm 18



¹ I love you, Lord, my strength.

² The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold.

⁴ The cords of death entangled me; the torrents of destruction overwhelmed me.

⁶ In my distress I called to the Lord; I cried to my God for help. From his temple he heard my voice; my cry came before him, into his ears.

¹⁶ He reached down from on high and took hold of me; he drew me out of deep waters.

¹⁷ He rescued me from my powerful enemy, from my foes, who were too strong for me.

¹⁹ He brought me out into a spacious place; he rescued me because he delighted in me.

²⁵ To the faithful you show yourself faithful, to the blameless you show yourself blameless,

²⁶ To the pure you show yourself pure, but to the devious you show yourself shrewd.

²⁷ You save the humble, but bring low those whose eyes are haughty.

²⁸ You, Lord, keep my lamp burning; my God turns my darkness into light.

²⁹ With your help I can run through a barricade; with my God I can scale a wall.

³⁰ As for God, his way is perfect: The Lord's word is flawless; he shields all who take refuge in him.

³¹ For who is God besides the Lord? And who is the Rock except our God?

³² It is God who arms me with strength and keeps my way secure.

reflect: Israel's King David was an old man when he wrote this, reflecting on God's presence in his life. How would David compare his power and abilities to God's? Why does David believe that God helped him?

respond: David was a godly leader and a courageous warrior, but even he faced circumstances that felt overwhelming. Where do you need to seek God's strength for your current struggles? God will show himself to be faithful to all those who sincerely seek him.